


BK15SH

BK14SH: front

BK14SH: back

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**Heart Attack
Symptoms for Men**

1) Chest pain or discomfort that can feel like uncomfortable pressure, fullness, squeezing or pain in the chest. It may last for more then a few minutes; it may come and go.

2) Discomfort or pain in one or both arms, the neck, jaw, back or stomach.

3) Shortness of breath, light-headedness, nausea, or sweating.

4) Abdominal discomfort that may feel like indigestion.

Stroke Symptoms for Men

1) Severe headache. This is the first sign of stroke in men.

2) Difficulty seeing in one or both eyes.

3) Difficulty speaking. Possibly stuttering & not putting complete sentences together.

4) Difficulty walking and/or standing; dizziness

5) Arm and leg weakness; numbness normally on one side.

6) Fainting or seizure.

Time is of the essence


Call 911.

Do not drive yourself or have someone drive you. Professionals can start procedures immediately and have a doctor waiting upon the ambulance arrival.

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**Heart Attack Symptoms
for Women**

1) Shortness of breath. May occur with or without chest discomfort.

2) Flu-like symptoms including chills and cold sweats.

3) Nausea and light-headedness.

4) Heart palpitations.

5) Chest discomfort (angina)

6) Discomfort/pain in one or both arms (especially left arm), back, between the shoulder blade, neck, jaw, or stomach.

7) Heartburn or indigestion.

8) Extreme fatigue.

Stroke Symptoms for Women

1) Sudden numbness/weakness of the face, arm or leg, especially on one side of the body.

2) Sudden confusion, trouble speaking or understanding.

3) Sudden trouble seeing in one or both eyes.

4) Sudden trouble walking, dizziness, loss of balance or coordination.

5) Sudden, severe headache with no known cause.

Time is of the essence

Call 911.

Do not drive yourself or have someone drive you. Professionals can start procedures immediately and have a doctor waiting upon the ambulance arrival.

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HOLE IS OPTIONAL



= Final Cut Size: 2” x 8”



= Ad Copy Area : 1.75” x 1”

Art must be within clearances - 0.125” on all sides.